

GECAC TRI-BORO SENIOR CENTER

7555 West Ridge Road, Fairview, PA 16415 – Phone: (814) 474-2211

Open Tuesday through Friday from 9:00am-3:00pm

Alex Celeski, Senior Center Director
TBD, Senior Center Assistant & VOLUNTEERS like YOU!

DECEMBER 2025

UPCOMING EVENTS

(see Pages 2 & 4 for more details) :

- Tri-Boro Christmas Party 2025 on Friday December 12th!
(Must purchase ticket by Tues. December 9th)
- Trivia Returns! (Thank you for playing last month!)
- Mass-Shooter Safety Workshop (approx. 2-hours) with Tom Wager on Tuesday December 9th at 12:30

MEAL CONTRIBUTIONS

An anonymous \$2.00 contribution is encouraged per visit (see Pages 2 & 3 for more details).

WHAT WE OFFER

- Lunch (Tuesday-Friday)
- Arts & Crafts (Every Tuesday at 10:15am)
- Bingo (Wednesdays and Thursdays)
- Tai Chi (Every-Other Wednesday at 11:00am)
- Greenhouse (Year-round) & Farmers' Markets (Summer)
- Guest Speakers & Therapy Dogs (see Page 4's calendar)
- Parties, Events, & Meet Ups AROUNDERIE COUNTY!
- PA Medi (Medicare) Counseling Appointments



Thank you to our volunteers crocheting and donating materials for both

Project Linus & **Purple Threads of Hope**.



Join our Private Facebook Group!



SEARCH FOR AND REQUEST TO JOIN

"GECAC TRI-BORO SENIOR CENTER"

(be safe and ask for help, where needed).

HOW YOU CAN HELP

- **Volunteer!** (Ask us about our **RSVP Program!**)
- Cans of Soda (Diet, Regular, Zero Calorie)
- Snacks (Party-size bags or pre-packaged)
- Greeting Cards (Birthday, Get Well, etc.)
- New Batteries (AA, AAA, C, D, 9-Volt)
- Art Supplies for Crafts or our TSC Yearbook
- Crocheting for **Project Linus** & **Purple Threads of Hope**
- Invite your friends to Tri-Boro or a Senior Meet Up
- Donations to our Booster Fund (a.k.a. **FUN FUND**)

Monthly MEDICARE MINUTE and other HELPING SERVICES are on PAGE 2 →
Have questions about GECAC senior services? →



GECAC SENIOR HELPLINE: If you are in need of In-Home Services, Meals on Wheels, Older Adult Protective Services, Support for Caregivers, or PA-MEDI, call **(814) 459-4581 ext. 400**

The GECAC Tri-Boro Sr. Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by PA Department of Aging.

Dr. Ben D. Wilson, GECAC CEO

Ray Maholtz, Director, Erie County Area Agency on Aging

All seniors (age 60 or older) living in any part of Erie County, PA may utilize this center's services.



pennsylvania
DEPARTMENT OF AGING





UPCOMING EVENTS

Welcome to December, Tri-Boro Members!

This month we our annual Christmas Party! Justin Gray will be jamming on the guitar, snacks will be plentiful, we'll honor our 2025 Volunteers once more, we'll enjoy some yummy lunch (Baked Ziti, Salad, Cajun Corn, Rolls, & Cake for Dessert) catered from Cali's West! Also, ho-ho-ho, it's PRIZE BINGO time again! Enjoy prize drawings and more too!

Also, on Tuesday Dec. 9th at 12:30, experienced emergency-responder Tom Wager (friend of fellow guest-speaker John Rainey) will hosting a 2-hour presentation on Mass Shooter Safety. Please take advantage of this opportunity to learn and stay safe!

How do your donations and fundraising dollars help our center?

Meal Donations ("FOOD" bin at sign-in station) help to offset the cost of meals. On average, the actual cost of the meal is over \$9.00. Meal donations also help to maintain kitchen appliances and other emergency repair costs. All donations of any kind are greatly appreciated.

Booster Donations / Fundraising Dollars ("FUN" bin at sign-in station) help to pay for parties, snacks, entertainment, Tai Chi classes, guided meditation sessions, and more. They also help to pay for various programming opportunities and related expenses.

These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary. However, please continue to support your Center by whatever means you are able. Our Senior Centers and their services mean so much to so many seniors. Your support goes a long way towards helping your Center continue to offer programming and services.



LUNCH INFO

LUNCH IS SERVED @ 12:00pm/NOON

FOR SENIORS 60 YRS & OLDER.

A \$2.00 DONATION IS ENCOURAGED.

PLEASE SIGN UP FOR MEALS

TWO WEEKS IN ADVANCE.

*HOLIDAY PARTIES REQUIRE

PRE-PAID TICKETS*

Tuesdays:

Crafts with Kerry @ 10:15am

Wednesdays:

Tai Chi @ 11:00 (alternating)

Bingo @ 11:30am (11:15 cutoff)

Thursdays:

Chocolate Bingo @ 9:30am

Arthritis Exercise @ 10:30am

Magic Bingo ASAP after lunch



THE MEDICARE MINUTE

Medicare Advantage and Part D Marketing Rules.

Keep in mind that insurance companies selling Medicare private plans must follow certain rules when promoting their products. These rules are meant to prevent plans from presenting misleading information about a plan's costs or benefits, also known as marketing violations.

There are things that agents cannot do.

1. call you if you did not give them permission to do so
2. Visit you in your home, nursing home, or other place of residence without your invitation
3. Provide gifts or prizes worth more than \$15 to encourage you to enroll Gifts or prizes worth more than \$15 must be made available to the general public, not just people with Medicare.
4. Disregard federal and state consumer protection laws for telemarketing, the Nation Do-Not-Call registry, or do-no-call-again request.
5. Imply that they are calling on behalf of Medicare

Information provided from

medicarewatch@medicarerights.org

SOME HELPING SERVICES IN ERIE COUNTY:

The EMTA Senior LIFT.....814-456-2299

Fairview Fire & Rescue.....814-474-5091

The Independent Council on Aging.....814-835-7485





TRI-DOKU

(Our monthly **Sudoku** game!):

			2			9	5	8
5	9	7				1	4	2
	8		9	5				
	4		7		9		1	
7				1	3		8	
2				4				
3	7		1				2	9
			3	9		4	7	
9	2	5				3	6	1

OUR GENERAL

PROGRAMMING HOURS

Our **general programming** hours are essentially hours without set-events or guest speakers. However, they are great hours for socializing over coffee with other seniors or utilizing our center's other features at your leisure!

These other features include:

- Computer & WiFi Internet Access
- Treadmill (**must** sign form)
- Shuffleboard & Tabletop Bowling
- Arts & Crafts (we have many crafting materials which are free to use any time outside of our scheduled crafts)
- Crocheting Blankets (This includes those donated to **Project Linus—stop inside for more details**).
- Play a tune on our Electric Organ!
- Board Games & Card Games
- A Selection of 300-Plus-Piece Puzzles
- **Greenhouse and/or Volunteer Work**

Sudoku Rules

- You can use only numbers from 1 to 9.
- Each 3×3 block can only contain numbers from 1 to 9.
- Each vertical column can only contain numbers from 1 to 9.
- Each horizontal row can only contain numbers from 1 to 9.
- Each number in the 3×3 block, vertical column or horizontal row can be used only once.
- The game is over when the whole Sudoku grid is correctly filled with numbers.

MONTHLY JOKE

What did one flip-flop say to the other?
You're sole-mate material!

BIRTHDAYS



- Wed. 12/3: Sandy Myers
- Sat. 12/6: Bonnie Godfrey
- Tues. 12/9: Bart Peterson
- Wed. 12/10: Mary Kunik
- Wed. 12/24: Linda Blount
- Thurs. 12/25: Emil Petak
- **Birthday Dessert w/ lunch on TUESDAY December 16th! (ice cream sundaes!)**

(\$) COFFEE PRICES & MORE (\$)

During all hours of operation, our center offers:

- **A FREE snack bag per-day** for each senior.
- **Coffee** (regular or decaf) for 50 cents per cup.
- **Soda** (diet, regular, or zero calorie) for \$1.00 per can.
- **Styrofoam To-Go Boxes** are free of charge, **BUT** you must sit with us for a congregate meal to take leftover food home, and all boxes must be dated.
- **Bingo Daubers** for sale at \$1.00 each.
- **Christmas-Cactus Seed Starters** at \$3.00 each.



TRI-BORO'S DEC. '25 LUNCH MENU & EVENTS

(Always Subject To Change ~ Check Local Weather Reports for Closures)

Senior Meet Up

will return in January! Thank you for your continued support!

Christmas Party on Friday December 12th!



\$15.00 per person (due end-of-day Tues. December 9th)

C L O S E D O N M O N D A Y S	Tue.	Wed.	Thurs.	Fri.	C L O S E D O N S A T & S U N
	2. Chicken Legs 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30-3 General Prog.	3. Country Fried Steak 9-11 General Programming 11-11:30 Tai Chi 11:30 Bingo 12-12:30 Lunch 12:30-3 General Program- ming	4. Chicken & Noodles 9:30 Chocolate Bingo (FREE) 10:30 Arthritis Exercise 12-12:30 Lunch 12:30-1:30 Magic Bingo (3 magic numbers) 1:30-3 Gen. Prog.	5. Stuffed Pepper 9-11:45 General Programming 10:30 Tabletop Bowling On Shuffleboard (final game of 2025!) 12-12:30 Lunch 12:30-3 Gen. Prog.  Pretzels for sale! (\$2.00)	
	9. Chicken Salad w/ Pita  (Last Day to buy Party Tix) 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry  12-12:30 Lunch 12:30 Speaker: Tom Wager hosts Mass Shooter Safety Workshop (approx. 2-hours)	10. Swedish Meatballs 9-11 General Programming 11:30 Bingo 12-12:30 Lunch 12:30-3 Gen. Prog.  Therapy Dog (Anne)!	11. Ham 9:30 Chocolate Bingo (FREE) 10:30 Arthritis Exercise 12-12:30 Lunch 12:30-1:30 Magic Bingo (3 magic numbers) 1:30-3 Gen. Prog.	12. CHRISTMAS PARTY! Baked Ziti & more from Cali's West!  9:00 Free Donuts & Coffee 10:00 Volunteer Awards Given 10:30 Live Music by Justin Gray 12:00 Lunch + Dessert 12:30 Prize Bingo & Drawings	
	16. Beef Stew + Birthday Ice Cream  9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30-3 General Programming	17. Salisbury Steak 9-11 General Programming 11-11:30 Tai Chi 11:30 Bingo 12-12:30 Lunch 12:30-3 General Program- ming	18. Chicken Cordon Bleu 9:30 Chocolate Bingo (FREE) 10:30 Arthritis Exercise 12-12:30 Lunch 12:30-1:30 Magic Bingo (3 magic numbers) 1:30-3 Gen. Prog.	19. Beef Ravioli 9-10 Gen. Prog. 10 Yahtzee Game 12-12:30 Lunch 12:45 TRIVIA returns! 	
	23. Sausage Sub 9-10 Project Linus Crocheting 10:15-11:15 Arts-&-Crafts w/ Kerry 12-12:30 Lunch 12:30-3 General Prog.	24. <u>CLOSED</u> for Holidays We will re-open on Tuesday January 6, 2026	25. Food CLOSED	26. Food CLOSED	
	30. Food CLOSED	31. Food CLOSED	January 1. Happy 2026! CLOSED	2. <u>CLOSED</u> See you on Tuesday!	